# SHED TALK

THE NEWSLETTER OF THE MT. GRAVATT MEN'S SHED VOLUME 16 JANUARY 2025 NO. 1

### MOUNT GRAVATT MEN'S SHED Inc. Men Making a Difference



### **SHED ACTIVITIES FOR 2025**

Art / Painting	Card Playing	Carpet Bowls
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Cartooning	Chess Cook	ing Computer
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Emerging	Technologies	Gardening

3D Printing CNC Routing Laser Cutting & Engraving

<u>HeartFIT</u>	<u>Leatherwork</u>	<u>Metal Scrolling</u>	<u>Music / Guitar</u>
Native Be	<u>e-Keeping</u>	<u>Photography</u>	Small Engines
	<u>Travel</u> <u>Wel</u>	fare Welding	Writing
Woodworking	g <u>Wood Carvi</u>	ing <u>Woodtur</u>	ning <u>Ukulele</u>

This edition focuses on our valued interest group activities.

### Click on the Activity to access the details.

All leaders are keen to make their group as satisfying as possible for their participants and welcome questions and ideas for 2025.

Do you have a hobby that could form the basis of a new interest group?

## **Our Vision**

To provide a facility where men of all ages can feel comfortable and gather together to spend time socially, as well as in a practical manner, by participating in constructive endeavours that develop self-esteem.

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President's



Well, we're into the New Year and I hope you all had a great Christmas and good New Year.

Now, it's back to the grindstone. We had a good 2024 year only a few minor hiccups, but now I need to get on my bicycle and explain a few things.

We have a lot of volunteers who do a great job, but they're getting tired as it is mostly them doing all the work. Things need to change I've noticed that on most application forms, men are volunteering for a few things.

## What I would like to see is some more volunteers to help out.

Well, now I have that off my chest let's start the year with positive thoughts

- like how we came overcome our storage problems any suggestions are welcome.
- Also Tom Cooper and Skinny Burke have been invited to the management committee as advisers with no voting rights. This is inline with the decision to enlarge the committee to nine members.

Peter Tyley House

0458 553 330 peter.tyley@bigpond.com

### Notes from the Editor

E: newsletter@mtgravattmenswshed.org.au

I would like to thank the News Team for their support during the past year in particular the proofreaders Neil McPhail and Reuben Egan for their eagle optics highlighting the numerous grammatical errors.

Kim Tvede has the difficult task of producing the monthly calendar. Activity leaders need to be proactive in providing Kim with the latest information for the upcoming month so the calendar is correct and up to date.

Thank you to all who have provided letters, jokes or articles for the journal. Without your contribution the newsletter would not exist. In the beginning, I was instructed by the news group that the newsletter was to be no longer than fourteen pages. A few copies were to be mailed and any larger it would not fit into a normal envelope. Now the average length of the newsletter is about twenty pages and all copies are sent via email.

My goal each month is for the newsletter to be completed early for the printed version to be available for distribution at the monthly social meeting. This is a good reason to attend the meeting so you don't miss out on a hard copy.

Someone who works in the background is Ngari Wheeler, the wife of our founding president. She ensures each publication is suitable for family reading keeping me on the straight and narrow. When I commenced the role of editor, I intended to produce a somewhat raunchy edition to entice the members to actually read the contents by including images of scantily clothed beauties and border line jokes.



"Hiroyuki Sanada once said, 'There are those who want a swimming pool in the house, while those who have one barely use it. Those who have lost a loved one feel a deep sense of loss, while others who hold them close often complain about them. Those who do not have a partner yearn for him, but those who have, sometimes do not value him. The hungry would give anything for a plate of food, while the well-fed complains about the taste. The one who doesn't have a car dreams, while the one who has one is always looking for a better one. The key is to be grateful, look carefully at what we have and understand that somewhere, someone would give everything for what you already have and don't appreciate." Those days have long passed so the target audience now is all members of your families. Feedback indicates that the kids are enjoying the cartoons as much as the adults.

The January edition focuses on the **SHED ACTIVITIES**. Some of the groups like art; leatherwork; music; and travel to mention a few are very well supported while others struggle to recruit members. The MGMS has invested thousands of dollars in purchasing equipment to accommodate the needs of the members. Many of the activity leaders have many years of experience and are willing to share their skills and knowledge, free of charge to those who wish to participate. Some of this machinery is very under utilised so please evaluate what is on offer at our amazing shed and broaden your knowledge and skill base.

The Shed's Social Meeting is held on the first Monday of each month. This provides an opportunity for activity leaders to address the members and communicate the tasks and events from the previous month in their respective groups. Dave Tate provides the latest information re the shed extension and the challenges involved with various stakeholders and in particular finances.

The catering team always serve an appetising and delicious meal for lunch followed by an ice block for dessert. Free tea and coffee are also available. What more could you ask for?

With full tummies, the members are entertained by some amazing guest speakers such as well known authors, surgeons, health experts, financial advisors, local members of parliament etc.

Neil Hansen's raffle is drawn at each meeting's conclusion. A lucky member takes home a meat tray, a bottle of liquor or a cake baked by Neil's daughter.

Pre Covid meeting attendance was about 120 members but post Covid the numbers have fallen to about 80 for no apparent reason.

I encourage members to take the time to attend the meetings which are very informative and more importantly to enjoy the interaction and socialising with other members. Any member requiring transport can contact Steve Fluerty our Welfare Coordinator and he will arrange a lift. M: 0418 710 109

Happy New Year to you and your families and I wish you all a healthy, safe and enjoyable 2025.

Wayne Hansen Editor.



### Jokes

- My wife and I decided to never go to bed angry. We've been awake since Tuesday.
- My wife said: "That's the 4th time you've gone back for dessert! Doesn't it embarrass you?" I said: "No, I keep telling them it's for you."
- My wife and I started role-playing in the bedroom. Her favourite is 'The Sexy Librarian' where I have to sit quietly while she reads a book.
- I now know how it will all end for me; one of my grand-kids will unplug my life support to charge their phone.
- At a wedding reception, someone yelled: "All married people please stand next to the one person that has made your life worth living." The bartender was almost crushed to death.
- Yesterday I bought a world map, gave my wife a dart, and said, "Throw this and wherever it lands, I will take you on vacation." We're spending 3 weeks behind the fridge.

### **Containers for Change**



The MGMS received \$295.30 for the 2,953 containers Bill Krafft returned during 2024.

This took Bill 5 trips and a lot of work so thanks heaps Bill and all those members who dispose of their recycling products correctly.

#### John Wild Treasurer



### **Recycling Locations**



Bill Whittaker and Graeme Smith attended the Fun Over 50 Holidays Guests Christmas Party on 10th December which was a Coach trip to Sharks Club at Southport with plenty of food, wine , and entertainment.

The attached photo with the "Abba Girls" who provided the entertainment with a huge repertoire of all the ABBA hits.

#### Boost Your Knowledge! DID YOU KNOW?

Horses and cows sleep while standing.

The bat is the only mammal capable of flight. Its leg bones are so thin that it cannot walk.

Even when a snake's eyes are closed, it can still see through its eyelids.

Despite their fluffy white fur, Polar Bears actually have black skin.

The average housefly lives only 2 to 3 weeks. For every human, there are approximately one million ants.

A small amount of alcohol on a scorpion will drive it insane and cause it to sting itself to death.

Alligators and sharks can live for up to 100 years. A honeybee has two stomachs: one for honey and one for food.

Elephants weigh less than the tongue of a blue whale. A blue whale's heart is the size of a car. Blue whales are the largest creatures to ever roam the Earth.

### Art / Painting Group

Alan Carter (Group Leader)



The Art Group started 3rd March 2015. It was going to be a course lasting three months. That never happened. By popular demand, we are still going as strong as ever, with new members starting regularly. Painting has become the catalyst for the comradeship that has developed within the group.

Some men have found talent they never knew existed, others just kept getting better and still others are learning how interesting painting can be.

We welcome men who have never painted before but think they would like to give it a go. Tutoring is available (no cost). Painting turns into a great hobby. You can paint just about anywhere, anytime, day or night. Any medium is accepted. eg oil paint, acrylic, watercolour, pencil, coloured pencil, pastel and gouache.

It is a very gregarious and happy group which meets Friday mornings in the recreation room from 9 am - 12 noon. Alan Carter (Group Leader) M: 0433 559 600

### **Card Playing Group**



### Ray Pyzik & Neil McPhail -Team Leaders

### **Card Players**

Do you want to:

- improve your brain power
- maintain your memory skills
- make new friends

Then come along to the Shed on Monday mornings and play cards. We meet in the Recreation Room each Monday (except Social Meeting days) at about 9.00 am and play 500 and Bridge until about 12.00. Don't be daunted if you haven't played these games before or you are a bit rusty, we can assist.

We are always looking for new players.

Ray Pyzik and Neil McPhail



### **Carpet Bowls Group**

#### Jim Wiseman -Team Leader



If you haven't heard, there is a group of men that meet every *Thursday at 12.45* to indulge in some light banter in the peace and quiet of the rec room.

To provide the catalyst, a few bowls are rolled down a green mat placed on the floor. This mat is to prevent any damage to the carpet tiles which other members use on other days of the week.

### **Cartooning Capers**





The men that gather are very friendly and range from all ages, all backgrounds, and a large variety of experiences which are shared freely.

Our current problem is we need some new stories to share. The game of bowls is incidental.

No experience is necessary and all body shapes and sizes are accommodated.

The area is even "Air Conditioned."

So, if you would like some quiet relaxation, join us on Thursday afternoons [ we always play a game ] and share your stories with us.

We can accommodate from two to twelve storytellers.



Kevin Lindeberg - Tutor/Instructor

The cartooning group is small but solid, and always welcomes expansion by others who would like to have a go.

The art of cartooning covers a wide gambit of factors, all of which go to assisting the mind ticking over. The cartooning group is a chatty, friendly environment where different ideas and world-views can flourish.

I try to assist in their capture on paper by lending my cartooning skills. It is done against the background that each person's effort is valued, no matter where his drawing skills may be at.

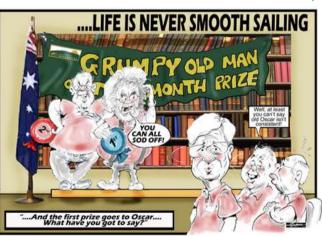
We try to enhance what is, and to break through entrenched drawing barriers into a wide wonderful world where what is desired to be expressed on paper, can be achieved.

This can be a most fulfilling personal experience. You may surprise yourself!

Remember also, no one is turned away because they might believe that their skill set is not up to the mark. Perish the thought.

Ours is an inclusive group of men, and as their tutor/instructor, I would welcome you.

We have pencils, pens, rubbers and paper, and friendship. As for you, just bring your smiles and willingness to give it a go - you never know there may be an enjoyable match-up. *Thursdays 9:00 to noon.* 





the Shod

### Laser Cutting & Engraving

**Greg Self - Leader** 

#### Laser cutting and engraving at Mount Gravatt Men's Shed.

Lasers are perhaps the world's most versatile manufacturing machines.

Our laser is a commercial quality 600mm x 600mm Koenig CO2 engraver/cutter. Design and machine control is by Lightburn, the world's most popular laser software. Some of our members have very affordable diode lasers at home.

We can help you learn CAD (Computer Aided Design) in Lightburn, where to find thousands of fun and practical designs on the internet, how to create custom products and how original artwork for laser marking, signs and other uses can be generated using AI art. It's easier than you might think.

Training is one-on-one or small groups by arrangement.

If you do not wish to do-it-yourself on the laser, talk to us about the many ways we can help, signs, gifts, awards, labels, boxes, models, puzzles, toys, stencils, rubber stamps, etc, etc. If not free, our prices are well below market and the money goes to the Shed.



### **Emerging Technologies**

Activity Leaders:-Greg Self, Tony G Activity time:-12:30 every 2nd and 4th Monday of the month



**CNC Routing Models - Art** 



**3D** printing Design & Engineering

Laser Cutting and Design

Emerging Technologies are here to stay. Like the iPad and Smart Phone, the technology may seem daunting at first but when you learn to embrace it, the unforeseen rewards are motivating.

Our group is the same, take the time to learn what can be achieved and you will be surprised where you see the opportunities and goals.

3D printing can be used for prototyping in engineering, tool making, and art and has many other uses. Laser engraving/cutting is the same. Combined with several free CAD software the possibilities are endless.

3D printing can produce shapes that are only possible with injection moulding. A 3D print can be used as a pattern for moulding (resin, lead, metal, plastic) shapes that are not possible to machine.

Laser cutting is a lot faster than 3D printing although can't do the work a 3D printer can do and visa versa.

CNC routing is in its own class. Used heavily in industry for mass-producing complicated work, engraving faces for cabinet making and more. Requires some learning and skill to program using free software and some of the software our shed has purchased.

The Emerging Technologies Group gets together from noon every second and fourth Monday.

### **Gardening Group**

Bryan Cleary - Leader





The reason I volunteered to lead the Gardening Group was that I had always gardened at home as a hobby but I am slowing down. I have two large gardens at home which are about the same size as our shed plot. I had a landscaping business for three or four years but now I mainly concentrate on growing vegetables. Members take some of the produce home while the ladies in our Cooking Group use some in their recipes. The ladies do request a certain type of herb.

We need a set group of members so we can have meetings to decide what is planted and run the group in an orderly manner. The garden needs to be expanded and that is on the agenda for the future.

Water is a critical factor in gardening and I prefer tank water to mains water which contains too many chemicals which become deposited in the soil.

Our little group would welcome new members with open arms and we are very keen to communicate with likewise shedders.



HeartFIT has been going at the Shed for 8 years. It has been a great journey, we have built a great core group of guys who have been very consistent with our workouts and have spoken of the need for and many benefits of exercising regularly. But like many groups last year we were down on numbers late last year with many of our regulars needing time out to recover from medical procedures, travelling or busy schedules elsewhere.

HeartFIT is about living our best life for longer...to do that we need to stay healthy, fit and mobile. We can assist that with everyone working at their level, being inspired and motivated by the other guys in the group and having a bit of a laugh together as we go.

The program focuses on:

- Strength Conditioning to increase muscle mass and bone density.
- Heart Health- cardio exercise for fitness & prevention of chronic diseases.
- Balance & Flexibility improving mobility and quality of life.
- Co-ordination & Falls Prevention remain strong & confident at home and out socially.

HeartFIT is held in the recreation room Tuesdays from 1:00 pm to 2:00 pm and Fridays from 1:00 pm to 2:00 pm.





### **Cooking Group**

### Activity Leaders: Toni McDonald and Cath Atkins



Meets: Every 2nd and 4th Thursday each month, starting at 10.30am.

The cooking group meet twice each month and we also help out with gatherings like the volunteers Christmas party and shed anniversary parties.

Last year we made quite a variety of savoury dishes including egg and ham filo bake, one pan rice nachos, shepherds pie and a really delicious lasagne. Our sweet dishes included carrot cake, scones and ANZAC biscuits.

A number of the guys took the opportunity to enter the Mt Gravatt Show cooking competitions in July and made entries with the help of Robyn (Alan's wife and a great cook) and Cath. Much to the amazement and pride of his wife (Cris, also a great cook) Bill won second prize for his ANZAC biscuits!!

We try to cater for varied tastes and make recipes flexible so that you can personalise it to your\family tastebuds. First recipe of the year is an upsidedown fruit cake, and the fruit can be apricots, apples, pineapples etc with a dash of Cointreau, rum or fruit liquor, there is definitely a preference to add alcohol to our dishes! And in a fortnight, a hearty pumpkin lasagne with lots of flavour, which is ideal to freeze in portions for a quick and nutritious meal.

We finished the year with a guest chef Tracy Kennedy, who introduced the group to Rudolph Roadkill Rocky Road and rum balls.

If you would like to join our cooking group for a laugh and delicious food to take home for yourself, family and friends, please contact reception.

Or if the yummy smells coming from the kitchen on cooking group days are making you feel inspired, we also put the recipe for the next class on the noticeboard by reception.

Toni McDonald



Bill and Howard with Cath making hot cross buns



Alan making Shepard Pie base



Tracy and Howard in the scotch egg production team



Alan taste testing the ingredients with Tracy and Howard

### Leatherwork Group

Rod Larkin - Group Leader



The Leather Group is a friendly group of men focused on producing quality products such as belts, jewellery boxes, letter holders, fly swats, fishing rod buckets, pocket knife sheaths, stock whips, mobile phone holsters and whatever your imagination desires. Leather aprons for use during wood turning are also very useful.

This activity is both interesting and very rewarding.

Assistance if needed is provided by the expert tutelage of Rod, Ross and Geoff.

Attendance numbers in the leatherwork group are increasing regularly, due no doubt to the many and varied useful items members can make.

Tuesdays 8:30 am to noon.

### **Metal Scrolling Group**



Tony Giacomantonio - Mentor



**MENTOR:** Tony Giacomantonio Mondays 9 a.m. to 12 Noon Wrought iron is a low-carbon alloy that can be heated and reheated and worked into various shapes by talented blacksmiths. As it is no longer produced on a commercial scale, mild steel is now used instead, as it is soft, ductile, magnetic, and has high elasticity and tensile strength, many of the same properties as wrought iron.

MGMS has a kit of bending tools (from Metalcraft Australia) that can shape mild steel bars into scrolls, twists and rings without having to heat the steel. Scrolls are made by shaping a length of bar into a common S or C-style shape. Thus with only a few hours of practice, you will be making decorative and functional objects by connecting these scrolls, twists and rings together.







### **Music / Guitar Group**

#### Terry Thomson - Music Coordinator

Hello to all you fine young musicians.

Just a short note to inform everyone in case some of you are unsure that the shed reopens for the 2025 year on Monday 20th January and the music groups are scheduled as programmed to start back on Tuesday 21st.

I hope we have a good roll up.

As for the 2024 afternoon learner group, I will continue to run this as long as we have at least four people willing to attend.

Also as part of the MGMS "Strategic Plan" we need to look at what we achieved last year and the plan for this year so I will conduct a meeting for those wishing to attend in the recreation room at 9.00am on Tuesday 28th January. I encourage everyone to put their ideas (I have got some) forward and look forward to a great 2025.

See below a link to a guitarist playing some great music. This was sent to me by Kim Tvede who is leader of the "Writers Group". Thanks Kim.

https://youtu.be/XwCK1z3wT8g? si=gwF4wVwbc3rUcMCf

The Music Groups meet on Tuesdays from 8.30 am - 2.00 pm.

John Urane is looking after the "original group of 6" in the meeting room from 8.30 am - 12.00 noon.

Paul O'Neill is in control of the group in the Girl Guides Hut from 8.30 am - 12.00 noon.

Basil Wood is in control of the JAM group in the Recreation Room from 10.00 am - 12.00 noon.

Terry Thomson is looking after the Learner group in the Recreation Room from 8.30 am - 10.00 am.

Terry Thomson is looking after the "2018/19 Group" in the meeting room from 12.30 pm – 02.00 pm.

The Guitar Learner Groups start with the basics of music theory. They learn how to read music, and play melodies and accompaniment.

The Intermediate Ukulele Group which consists of about four to six players has a JAM session every Friday afternoon. Paul O'Neill and Ron Frazer are the leaders of that group.









### **Native Bee-Keeping Group**

#### Bill Semple - Group Leader





Over the past few years, keeping native bees has become very popular in the northern parts of Australia, particularly in Brisbane.

There are three main reasons why people keep native bees

- they are an easy-care pet
- they are very good for pollinating native and exotic plants, including herbs and vegetables
- about 0.8 kg of honey a year can be collected from an active hive.

We are a vibrant group of MGMS members aiming to assist others who want to keep native bees. Some members of the Native Bee Group are experienced native beekeepers while others are just starting in beekeeping. Experienced members

pass on advice and tips from their many years of experience. Activities of the group include:

- Provide each member of the group with the resources to acquire a hive
- Build hive boxes for sale to members with the proceeds going to the shed
- Maintain some hives at the shed and increase their number
- Help members to increase their knowledge by discussion at meetings, field trips and talks by experts
- Maintain contact with the Australian Native Bee Association to monitor general research, especially the latest thoughts on hive design.

We meet on the **third Thursday of each month at 10 am** usually at the shed but sometimes at other locations. Advice is given on any location changes. Shed members would be welcome to come to any activities to get to know the group and explore whether they want to join the group.



### **Chess Group**

Alan Highman - Chess Group Leader

Do you like a challenge? Want to meet people and make some new friends? Then come along every Monday morning from 9am – 12pm for a friendly game. Age is not an issue – we have players of all ages even 94.

Don't know how to play? No problem, we can teach you. We have had a few players come along that haven't played before.

Why play chess? Chess is one of the most popular sports in the world, with about 700 million players worldwide. Playing chess can improve cognitive skills like memory, planning, and problem-solving. It may also help reduce symptoms of certain brain conditions.

Each month we have a puzzle for you to solve in the newsletter.

This month's puzzle is to solve how White can win (mate) in three moves. Solution next month.



## **Photography Group**

#### Lionel Armitstead



Last year it was decided that at the in-shed monthly meeting we have a "learning session". We will start with the basic operations of a camera. Over the year each learning session will build on more features and functions of the camera and members will gradually improve their skills.

At the conclusion of that session the group will decide on a theme and location for a photo shoot to practice what we had just learnt. Depending on the theme, the location of the photo shoot could be anything in or around the Shed, a park, a zoo, a beach, wetlands, city day or night etc etc.

At the shoot, we will pair up in couples. We will try to structure it to have a novice with a more experienced member. Hopefully, there will be an exchange of knowledge and members will learn and improve their skills.

At the next in-shed monthly meeting, the first half hour to an hour members' best couple of photos will be shown and the group will discuss the good aspects and how they could be improved. The second half of the meeting will be another learning session. The process will be repeated.

It was recognised that some learning sessions will take more than an hour to discuss. It was also recognised the skill levels of members vary a lot. It was decided to trial this plan for two to four months and then assess if it is working or needs changing to meet the needs of the members.

Some ideas that were discussed for future events included

- Continue to develop the skills of those who are happy to stay with the process above and keep developing their basic skills.
- Others may want more of a challenge and want to learn about higher level functions required to take more professional photos. In addition it might require more software for post processing for higher quality photos. These sessions may require a full day (during the week or weekend) to go through the theory.

A photo shoot will follow and maybe a session on new software. These sessions don't necessarily require expensive cameras. Adrian Roberts has advised he can show how some higher skills can still be done manually on lower cost cameras.

In summary, the group approved to go step at a time and see how it works out. So the first events and dates approved for trial are:

1:00 pm to 3:00 pm Thursday Jan 23rd (3 days after the Shed reopens). Mark Hastings to run a session on the basics of camera settings. For example, aperture, ISO, shutter speed, and maybe more depending on time. At the end of session, the group will choose a theme for the photo shoot. I'm not sure if the location was decided at this meeting but Mt Coot-tha Botanical Gardens was mentioned. The location can be confirmed at the meeting.

Thursday 6th February (Time to be decided) – Field Photo Shoot. Location to be confirmed.

1:00 pm to 3:00 pm Thursday 20th February - Flash Basics for Photography. Adrian will be taking this session.

Location of photo shoot to be decided at the Flash Basics Session.







## **Small Engines Group**

**Ron Frazer - Group Leader** 

It still amazes me after some 48 years in the automotive trade that a machined chunk of metal (engine) add on a fuel air mixer (carburettor) then means of igniting this (magneto/spark plug)..crank it up and it runs or it does not...so we go into fault finding mode. The result is that it runs or it is discarded as spare parts. This is what happens in a small engine session.

We have been running since 2017. The group consists of dedicated men who don't mind getting their hands dirty. They laugh a lot so someone must have told a joke. We work with safety always foremost in our mind.

## Small Motors happens on *Friday mornings from 8:00 am to 12 noon.* The course includes

- Workshop safe work practices.
- Types of tool sizes and their use.
- 4-stroke engine parts and operation.
- 2 stroke parts and operation.

You can bring your engine/mower/trimmer along and work on it under supervision. No diesel engines or ride-on mowers as we do not have the room. We do have to impose a group size limit to suit the availability of benches and space. Come along sometime and have a chat if you are interested.

#### Ron Frazer











The go-cart circuit and starting grid for motor mowers from various northside sheds at Lakeside.

### **Travel Group**

#### **Travel Leader: Kevin Schneidewin**



**Meetings:** Generally monthly for planning purposes and socialising. We have been meeting in Broadwater Park since Covid and will continue to do so.

**Activities:** We organise social outings in an endeavour to satisfy the various travel needs of members, particularly to foster social connections between members.

These activities include:

- day bus trips, longer bus tours
- overseas cruises
- local boat trips, caravan and cabin holidays (generally one week) to beaches and country places of interest
- From time to time we visit local festivals such as "Jumpers and Jazz Warwick", "Casino Beef Week" and the like, and any group social activity even if it does not include travel can be organised

The activity leader has an email list of all interested Men's Shed members, and if any member wishes to join our group they only have to give the Kevin their email address. They will receive notice of meetings, and minutes of meetings to keep them informed of what is planned, and details of specific events as they are being organised.

The travel group is the only shed activity where wives and partners can fully participate (except movie arvos) and we have developed a close friendship within our core group of thirty or so. This group is always ready to welcome new members and their wives/partners. Some of our activities such as bus trips are open to ALL shed members .

Kevin Schiednewin's Email: glenkev123@gmail.com

## **Ukulele** Group

### Paul O'Neill - Group Leader

The Friday ukulele group continues to power on. Just over two years on, group members who have persisted with attendance and practice have achieved a reasonably high standard of proficiency. The group meets for just one and a half hours 12:00 noon to 1:30 pm on a Friday. Lapsed members are always welcome to return. Consideration is being given to starting a new ukulele learners' group. An expression of interest form is available in the office. If sufficient numbers are registered the class will run on a *Friday afternoon from 12:00 noon to 1:30 pm*. Contact Paul O'Neill in the office Tuesdays and Fridays.



### Welfare Group



#### Steve Fluety - Leader



#### WELFARE

I hope everyone had a relaxing break from the Shed over the Christmas New Year period, and that you are ready to start another year with enthusiasm and vigour. This year is a memorial year, the Memorial Day will be held on Saturday September 20th. With a rehearsal to be held on Friday the 19th, planned activities on that day will need to be reorganised. Planning has already begun to make the day a memorable one for the families who lay a plaque in memory of their loved one's time spent at the Shed. This is a major Shed event held every two years. Updates will be given as the year goes forward.





Welfare covers a broad range of areas within the shed environment. The monthly meeting we have welcomers, to welcome members, visitors, and guests to the meeting. Assist those who require a helping hand such as mobility, delivering their lunch to their table, or any other requirements necessary.

The welcomers have three teams who are on a roster system, and will be at the monthly BBQ to say hello to the inductees and have a chat with members. They will be wearing the buddy vests.

#### The team members are:

Coordinator Steve Fluerty:

Assistant Coordinator: Bruce Stafford:

Team members:

Dave Tate, Ian Svensson, Ted Sanders, Reuben Egan, Charles Trevor, Rob Beale, Geoff Cox, Howard Groffman, Mike Clarke, Neil McPhail, Scott Hawkins.

The most important part of welfare is the health and well-being of the members, so contact with members who are ill, injured, or have issues, has a high priority and they are contacted to see what welfare can do to assist them. Sometimes this requires ongoing support. There are a number of members not a part of welfare, who provide assistance on a regular basis such as transport to and from the shed, visiting mates in hospital, nursing homes and home visits, as well as phone calls, I would take this opportunity to thank them for all they do.

We are currently putting together a library of aids to help with recovery after an injury, surgery or the like, we have a few items, but require more, such as bed poles, adjustable chairs etc.

A support network has been established for members who have lost a loved one.

If you would like to join the welfare teams, so we can provide more to members please contact **Steve Fluerty at 0418 710 109 or email welfare@mountgravattmensshed.org** 

Steve Fluerty



## Welding Group

Russell Caldwell - Leader

#### Welding on Fridays: 1:00 pm to 3:00 pm.

The aim of the group is to teach old fellas our age to weld little jobs at home. Home handy man stuff which we keep down to the basics. We have a stick welder and a mig welder. The members are taught to fabricate with bits and pieces from around the house. We try to keep it simple "KISS" for people who have not welded before. Welders are very cheap so we cover the basics of how things work and then they can do little projects of their own.

We work with the scrolling group and combine our skills to produce intricate works of art.



We also work with the small engines group to repair the frames of their motor mowers. All we are trying to do is produce something different.

The members gain the knowledge to complete the little jobs that need to be done around the home. Join our group and you will be pleasantly surprised.



### **Woodcarving Group**

**Bob Nunn - Group Leader** 

#### Tuesday 12:30 pm to 3:00 pm.

If all members are in attendance there are eight people in the group.

The first thing that the members are asked to do is to carve a grapevine leaf. This exercise helps them to understand the use of the chisels and how they can create decorative objects. Members then tend to branch out and choose their own projects. My job then as Activity Leader is to assist them to achieve their desired outcome.

Bob Nunn



### Writer's Group

**Kim Tvede - Group Leader** 

#### Time: Wednesday 9:00 am to 11.30 am

The group was formed initially for members wanting to write a family history or personal memoir. Some members were into writing a complete book of family genealogy for publishing, others to write family or personal stories, mostly for family members before those stories were lost. An approach of recording and publishing brief background stories of around 3000-4000 words for members to share, with the option of extending such stories personally as an approach was developed.

This evolved into anecdotal stories into collections of individual short stories one might otherwise tell others over a coffee break. Some of these stories were suitable for readers, with the storyteller being assisted in turning a story-telling activity into a published written format. Some stories are for restricted readership only.

Some stories are published on the internet, but not all. Members have since diversified; some are exploring writing fiction for adults or youth, and other genres, such as travel.

The group has developed guides for prospective writers, and methods to record voice-to-text for those with limited typing skills. Schools and other interested community groups can also access the group's public documents for developing lessons or similar activities within their settings.

Starting with an instructional approach, but evolving for members with diverse needs and interests, the group has evolved into a reference and support service for members wishing to engage in writing for a number of purposes, so it is now about interested members accessing experience to assist with whatever needs to emerge in response to such interests.

### **Woodturning Group**

#### **Bruce Meyers - Group Leader**

#### Monday 8.00 to 12.00 noon Wednesday 12 noon to 3.00 pm Thursday 8.00 to 12.00 noon

Having spent 50 years in the printing industry, I have found woodturning to be very fascinating and interesting. The group makes anything from pens to rolling pens, bowls, candle holders, the list goes on. A very likeable group whose main focus is on having a happy and good time while woodturning. We will always have room for anybody wishing to dabble their toes into the woodturning pool.

Remember you are always welcome.











### **Intermediate Woodwork**

#### Activity Leader: Lloyd Akeroyd and Stephen Ord

#### Wednesday 08:00 am to 12:00 noon

Intermediate woodwork has been running in the shed since the time when the shed was merely a great idea. It runs in conjunction with "Wednesday Woodwork". The aim of Intermediate Woodwork is to ensure that members of all backgrounds are capable of safely and skilfully using the woodworking machinery of the shed. Wednesday Woodwork allows those members to use their skills to work on projects for the shed.

Those who undertake intermediate woodwork will create three projects while learning about the machines, the techniques for using them and the mitigation of the hazards encountered.



### **Own Woodwork Group**

**Colin Vietheer- Group Leader** 

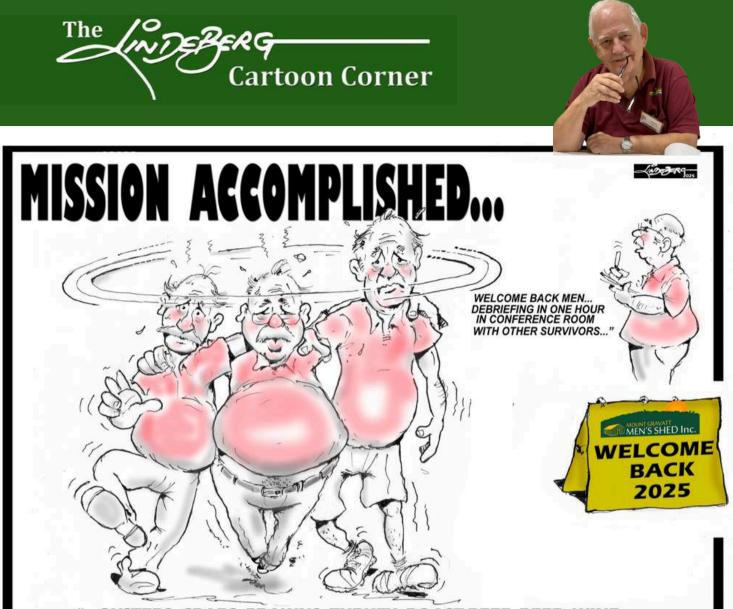
#### Tuesday 8 am start to 12-noon finish

The "Own Woodwork" session is an opportunity for members who have met the safety requirements for the operation of fixed machinery and portable power tools to undertake their own personal projects. The group currently has a core of about 6 regular attendees. While personal projects are done, members are happy to work on community projects brought to the shed. In the past year, this has included repairs to furniture, making nesting boxes for parrots, building bases for older Singer sewing machines, wheelchair access ramps for retirement homes, lattice screens and squatters' chairs.

As members have met the requirements for individual work, the leader's role is to provide overall supervision, guidance and assistance where needed.







"...OYSTERS, CRABS, PRAWNS, TURKEY, ROAST BEEF, BEER, WINE, SCREAMING GRANDKIDS AND THEIR PARENTS, WRAPPING PAPER, PRESENTS, NO AFTERNOON NAP, UNEXPECTED VISITORS...WHY DO WE DO IT?",,,

Teacher: Give me a sentence which includes the words, Defence, Defeat, Detail.

Charlie: When a horse jumps over defence, defeat go first and then detail.

### 3 millions years of evolution



... and we only lost fur

Is your husband easy to please?







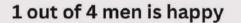


## HUMOUR



What happens at Disney stays at Disney







According to a study





Last night my wife asked for peace and quiet while she cooked...

so I turned the smoke detector off



My hobbies include drinking and hanging out with my parrot



MY WIFE WILL LOVE SEEING HER

NAME IN A HEART!



YOU BLUNDERING YOUNG

IDIOT-I SAID REMOVE HIS SPECTACLES !



Dear Santa Claus, when I asked you for a 30 year old escort, this is not what I had in mind



A mistake that makes you humble is better than an achievement that makes you arrogant.

A lot of people don't know this but this is how planes are born





#### February 2025

### Saturday 8 February NB# 2:45 for 3 pm: Arvo Entertainment Group

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
10:30 Social Meeting	8:30 Leatherwork	8:00 Intermediate	8:00 Woodturning	8:00 Small engines
Community hall	8:00 Guitar lessons	woodwork	learners	9:00 Art/painting
10:30 for 11.00 start	(2015/18/19/20)	9:00 Writers	8:00 Woodworking	12:00 Ukulele Jam
\$8 for lunch	8:00 Own woodwork	9:30 Emerging	Introduction	1:00 Welding
	8:30 Guitar (2021-22)	technologies	9:00 Cartooning	1:00 HeartFIT
	10:00 Jam session	(Vcarve & CNC	12:45 Carpet Bowls	(Shed Rec Room)
	12:30 Woodcarving	router)		
	12:30 Guitar (2024)	12:00 Woodturning		
	1:00 HeartFIT			
	(Shed Rec Rm)			
10	11	12	13	14
8:00 Woodturning	8:30 Leatherwork	8:00 Intermediate	8:00 Woodturning	8:00 Small engines
8:00 Own woodwork	8:00 Guitar lessons	woodwork	learners	9:00 Art/painting
9:00 Metal scrolling	(2015/18/19/20)	9:00 Welfare	8:00 Woodworking	12:00 Ukulele Jam
9:00 Cards	8:00 Own woodwork	9:00 Writers	Introduction	1:00 Welding
9:00 Chess	8:30 Guitar (2021-22)	9:30 Emerging	9:00 Cartooning	1:00 HeartFIT
12:00 Toy-making	10:00 Jam session	technologies	10:30 Cooking	(Shed Rec Room)
12:30 Emerging	12:30 Woodcarving	(Vcarve & CNC	12:45 Carpet Bowls	(
Technologies	12:30 Guitar (2024)	router)		
	1:00 HeartFIT	12:00 Woodturning	and the second	
	(Shed Rec Rm)	1:00 Management		
		meeting		
17	18	19	20	21
		8:00 Intermediate	8:00 Woodturning	
8.00 Induction	8:30 Leatherwork	a new second second second second second		8:00 Small engines
8:00 Woodturning 8:00 Own woodwork	8:00 Guitar lessons	woodwork	learners	9:00 Art/painting 12:00 Ukulele Jam
	(2015/18/19/20)	9:00 Writers	8:00 Woodworking	
9:00 Metal scrolling	8:00 Own woodwork	9:30 Emerging	Introduction	1:00 Welding 1:00 HeartFIT
9:00 Cards	8:30 Guitar (2021-22)	technologies	9:00 Cartooning	
9:00 Chess	10:00 Jam session	(Vcarve & CNC	10:00 Native Bees	(Shed Rec Room)
10-30 Sausage sizzle	12:30 Woodcarving	router)	12:45 Carpet Bowls	
Guest Speaker,	12:30 Guitar (2024)	10: Travel group	1:00 Photography	
\$5	1:00 HeartFIT	(Broadwater		
12:00 Toy-making	(Shed Rec Rm)	Park)		
		12:00 Woodturning		
24	25	26	27	28
8:00 Woodturning	8:30 Leatherwork	8:00 Intermediate	8:00 Woodturning	8:00 Small engines
8:00 Own woodwork	8:00 Guitar lessons	woodwork	learners	9:00 Art/painting
9:00 Metal scrolling	(2015/18/19/20)	9:00 Writers	8:00 Woodworking	12:00 Ukulele Jam
9:00 Cards	8:00 Own woodwork	9:30 Emerging	Introduction	1:00 Welding
9:00 Chess	8:30 Guitar (2021-22)	technologies	9:00 Cartooning	1:00 HeartFIT
12:00 Toy-making	10:00 Jam session	(Vcarve & CNC	10:30 Cooking	(Shed Rec Room)
12:30 Emerging	12:30 Woodcarving	router)	12:45 Carpet Bowls	· · · · · · · · · · · · · · · · · · ·
Technologies	12:30 Guitar (2024)	10:30 Cooking	1:00 Fishing	
100 C 100 C 100 C 100 C	1:00 HeartFIT	12:00 Woodturning		
	(Shed Rec Rm)	2:30 WOC meeting		

Introduction to Woodworking" 8.00 am to 12:00 noon on Thursdays. The wood-shop area is shared only with the wood-turning group. No other wood-shop activity currently.